

anotherworld

life + travel

THE BLOG

anotherworld is a space to inspire women to live, eat, and travel well - through the lens of a mother. Sharing articles on family, food, health and wellness, and travel since 2007.

Based on internet average, anotherworld.com is visited more frequently by females who are in the age range of 25-54, are college graduates, have children and browse the site from home. Readers are primarily from Canada and the United States.

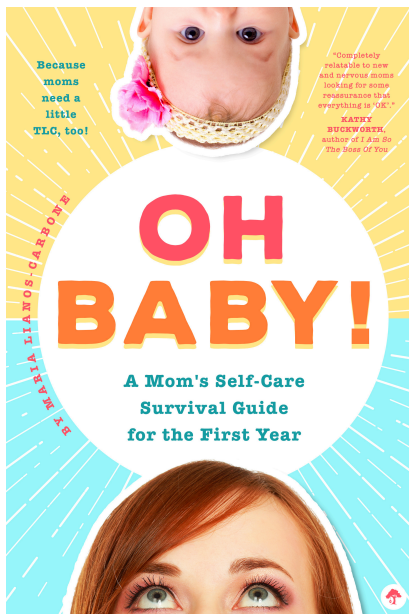


THE BOOK

Oh Baby! A Mom's Self-Care Survival Guide for the First Year focuses on the emotional, physical and mental challenges new moms face during the first year of motherhood. Available at Chapters-Indigo, Barnes & Noble, Amazon and independent bookstores, on Kindle and audiobook.

MARIA LIANOS-CARBONE

Her writing has been published in Huffington Post Canada, The Mighty, Canadian Living, Parents Canada, and Today's Parent. Maria has been quoted in publications such as Your Teen Magazine, Romper, Brit + Co, Epoch Times, and What to Expect.



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- Twitter Parties
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TRAVEL ARTICLES

This Is The Best In-Nature Luxury Resort in Costa Rica



Looking for the best resort in Costa Rica? Look no further! You'll find everything and more at the Andaz Costa Rica Peninsula Papagayo.

Fun Family Beach in Ontario: Port Stanley



One of the absolute joys about Ontario is that there is so much to explore right in our own beautiful province. Thanks to the Great Lakes, we have a number of fun family beaches to enjoy all summer. Where is a fun family beach in Ontario? If you haven't visited Ontario's south west, you are missing out!

Take a Pause with a Yoga Retreat at Ste. Anne's Spa



How often do you take a pause in your life? In today's hectic society, taking a pause from the daily grind for proper self-care is no longer a luxury, but a necessity. Self-care is a huge part of staying healthy, in both mind and body.

Last Minute Weekend Vancouver Getaway with Expedia



Visiting Canada's west coast has always been on my travel list, and I'm finally going to be able to check it off.

I'm so excited to be visiting Vancouver next weekend thanks to #BigWorldExplorer and Expedia.ca! While my kids have hockey games, and my husband is going on a hockey tournament, I decided I would whisk my mom away for a mother-daughter getaway.



TRAVEL ARTICLES

Family Friendly Vacation in Zakynthos Greece



While most tourists visiting Greece flock to the stunning Aegean Islands, they overlook the beauty of those of the Ionian sea. Zakynthos Greece is a beautiful Greek Island in the Ionian sea (west side) of Greece. The island attracts many tourists and beach worshippers.

Must-See Things to Do in Prince Edward Island

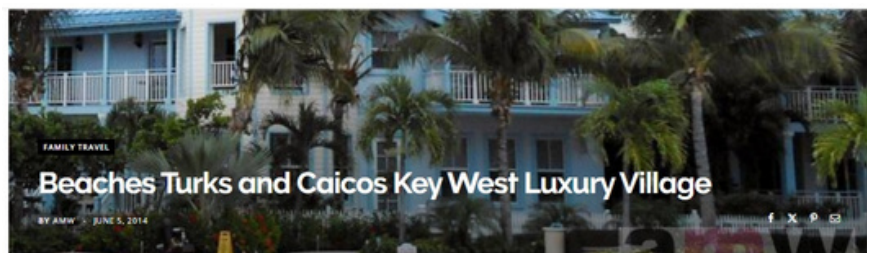


Whether you arrive by air, boat or bridge, you'll feel a sense that you're entering a new country when you visit Prince Edward Island. With a population of just 150,000, Canada's smallest province swells to over 1.3 million visitors in the summer.

Dreaming of a Family Vacation? How Aeroplan Works



I've been bitten by the wanderlust bug. In the past few months, I have travelled more than I ever have in my entire life! Once you begin to travel frequently, you'll never want to stop.



My son and I had the pleasure of visiting the luxurious Beaches Turks and Caicos Resort Villages & Spa. We jetted off to the British Overseas Territories and stayed at the newest village, the [Key West Luxury Village](#).

The brand new Key West Luxury Village made its debut last May with its grand opening in May 2014. It was the first major expansion of Beaches Turks & Caicos since the grand opening of the resort's Italian Village in 2009.

Combining the laid back lifestyle that the island paradise is known for with the signature Luxury Included® amenities found at all Beaches Resorts, the Key West Luxury Village is an incredible destination for families. The new addition boasts 150 suites and villas, three gourmet restaurants, private pools and more.

ABOUT

